Instructions for use: Fill out using Acrobat Reader then save to your PC once completed.
Unit 7: Understanding Bipolar Disorder

Activity 1:

What are the symptoms of bipolar disorder shared by Joe, Angela and Margaret? What do you think is the impact of these types of behaviours on close family and friends?

Write your ideas below.					

Activity 2: Why do you think Rachel's behaviour makes her vulnerable? Also explain why Rachel's symptoms

may be harmful to her physical health.					
Write your ideas below.					