

Instructions for use: Fill out using Acrobat Reader then save to your PC once completed.

Unit 10: Understanding eating disorders

Activity 1: Case Study

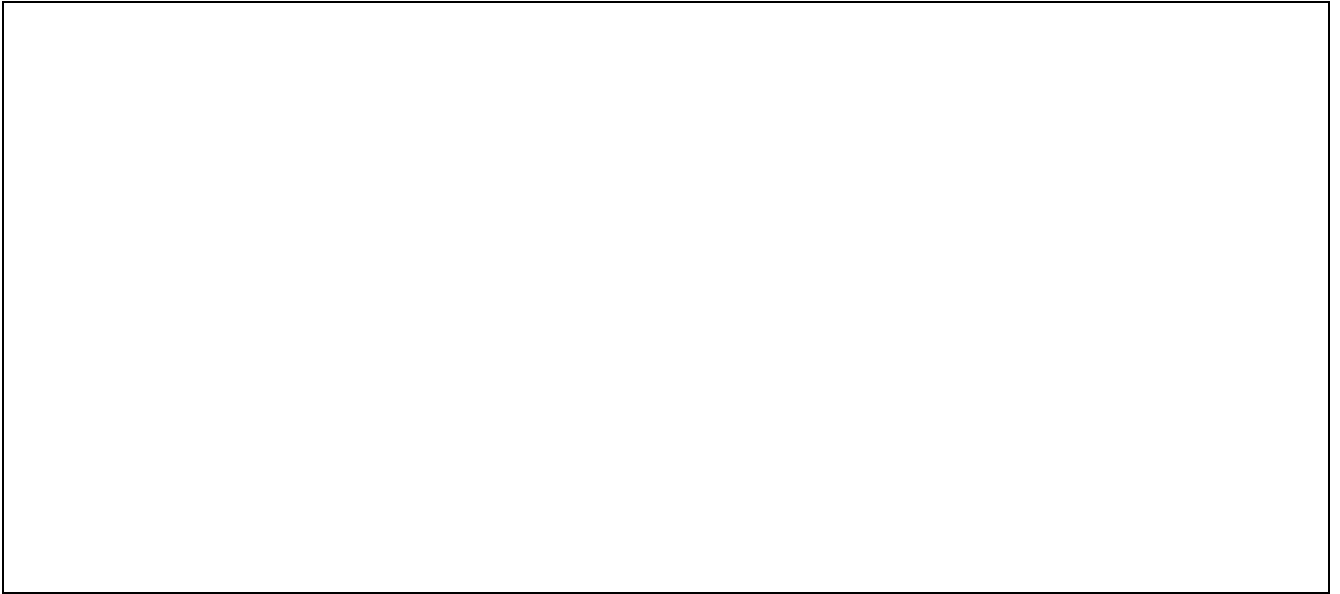
In response to the case study, answer the following questions:

Write your ideas below.

1. What factors led to Laura developing an eating disorder?

2. Think about the ways Laura hid her behaviours from others. Do you think it is easy to hide an eating disorder?

3. Why do you think Laura continued with her dieting regime, even when she was clearly in a lot of discomfort?

A large, empty rectangular box with a thin black border, intended for the student to write their answer to the question above.